

THE "Time Out" Times

News & Information About Genetic Engineering

from GE Free Vermont



June - July 2005
.50¢

WHO IS GE FREE VERMONT?

We are citizens who have become concerned about the rapid spread of genetically engineered crops in the United States, and who want a "time out" (moratorium) on the growing of these crops until independent, objective studies have proven them safe for people and the environment.

TIME OUT!
No GMOs
gefreetvt.org

Oh - so *that's* what those lawn signs are all about!

IN THIS ISSUE:

HOW TO AVOID GE FOODS

LOCAL UPDATES

NATIONAL & INTERNATIONAL NEWS BRIEFS

AREA GROUPS

NEWS FROM THE VERMONT LEGISLATURE

RESOURCES AND CONNECTIONS

WHAT ARE GENETICALLY MODIFIED FOODS?

GMOs, or genetically modified organisms, are produced by splicing genes from one species into the DNA of another; something that could never happen in nature. Flounder genes are forced into tomatoes, scorpion genes into cauliflower, bacteria into corn. The process of genetic modification (or genetic engineering) also introduces other materials into the 'host' plant, such as genes which resist antibiotics (possible result: antibiotics would no longer be effective).

WHY DO WE CARE?

We do not know how GMOs are affecting people who eat them (they are in 70% of processed foods in the U.S.), because in our country they are not labeled; how can you know if you are reacting to it if you don't know it's there? We can only look

around and ask ourselves if we see an increase in the health problems that scientists have told us could result from eating GMOs: weakened immune systems; allergic reactions; cancer.

We do know that in 1989 a genetically engineered version of a supplement called L-tryptophan killed nearly forty people and caused a debilitating disease in over 5,000 others. We know that eating genetically engineered potatoes has damaged the immune systems of rats, and harmed their internal organs.

We know that the Federal Drug Administration's (FDA) policy on genetically engineered crops, which basically says that GE crops are exactly the same as unaltered crops, was put in place despite strong cautions from FDA scientists. We know that our federal agencies don't do any testing of GE crops; they simply accept the 'safety tests' of the companies that will be profiting from the sale of GE seeds.

And we are concerned about genetic contamination: pollen from GE corn can cross-pollinate (and has, in Vermont) conventional or organic corn; GE canola has cross-pollinated so much of the organic canola in Canada that it's hard to find organic canola anymore.

Because of these things and more, GE Free Vermont advocates a "Time Out," or moratorium, on the growing of genetically altered crops in our state, so that we can further assess, (as they have in the European Union and many other countries), the possible consequences to our health, to farmers' ability to grow the crops they want, to the environment, and to biodiversity.

NEWS FROM THE LEGISLATURE

The end of the legislative session this year saw many disappointments for the people of Vermont. One of these was the House's inability to pass strong protections for farmers regarding the liability risks caused by the release of genetically engineered seeds into Vermont. The Farmer Protection Act as passed by the Senate with an overwhelmingly supportive 26-1 vote would have protected ALL Vermont farmers from the very real economic liability risks that arise from the use of genetically engineered crops. The Senate bill had strong protections for the farmers who choose to use genetically engineered crops, as well as those who choose not to. When the bill passed in the Senate, many Senators spoke in support of the bill, noting that the bill does not judge

the technology, and it does not judge farmers, whether they choose to use this technology or not. It simply offers a level of protection to ALL Vermont farmers, which is needed because the multinational biotechnology corporations who sell the seeds are currently doing everything they can to force the liability risks onto the farmers.

Unfortunately, the House leadership did not stand as strong for our family farmers, despite their claims early in the session that this bill and these protections were a key priority for them. During the committee process on the House side, the bill was weakened, and the version that eventually passed out of the House Judiciary Committee actually had to be

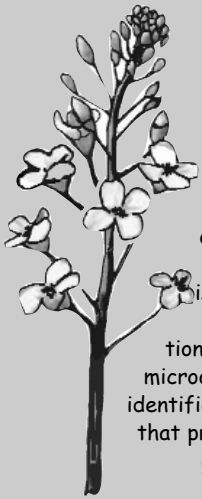
renamed because it no longer addresses the key concern of Vermont's family farmers - liability risks associated with genetically engineered crops. Although the bill passed by the House Judiciary Committee does have some consumer protections for Vermont farmers, it pales in comparison to the Senate version.

The bill was not taken up in the end by the full House, but it is on the calendar for January. I can only hope that over the summer and fall, the House leadership and all the House representatives will decide to stand with Vermont's family farmers and support the strongest liability protections possible.

- Amy Shollenberger, Rural Vermont

GMO FACTOID

Brassica napus var. *napus* L.
Canola = CANada Oil - Low Acid



The canola plant was derived from a process known as mutagenesis. Scientists subjected the rapeseed plant, which is normally toxic, to radiation in order to promote mutations of the DNA. (This is different from the process of food irradiation, which is used for killing microorganisms.) They then identified one of the mutations that produced less of the dangerous toxin normally found in this plant.

This new variety was christened canola, and is now widely grown for the oil which is obtained from the seeds.

Advocates of mutagenesis argue that the radiation simply speeds up the normal process of mutation that occurs as part of a species' evolution. Others are suspicious of the safety of mutagenic food.

Even if canola oil is labeled as organic and non-GMO, ALL canola has a mutagenic origin.

The Time Out Times is a bimonthly publication from GE Free Vermont
802-295-5804
www.gefreevt.org

UPCOMING EVENTS!

Food Activism: Making a Difference in Your Community
Sunday, July 3, at Cedar Circle Farm in East Thetford

Speakers will include Amy Shollenberger and Will Allen, and discussion will center on GMO's versus local food systems. For more info, contact Kate, Will or Simon at the farm: 785-4706 or www.cedarcirclefarm.org.

FILMMAKER DEB GARCIA TO TOUR VERMONT WITH FILM FUTURE OF FOOD

Tuesday, July 26, 7:30 PM
Woodstock Town Hall Theater
Admission \$7 adults, \$6 seniors, \$5 kids



For a week at the end of July, Deborah Koons Garcia will be taking her film *The Future of Food* around the state (see the film description in the Resources section on page 7). For information, contact Charmaine Kinton at 802-672-3354, email jinx8@sover.net; or Jim Moulton, jmoulton@sover.net.

NATIONAL NEWS

Professor Granted Tenure

In a stunning reversal, UC Berkeley has granted Ignacio Chapela tenure and back pay.

Chapela, a biology professor at U.C. Berkeley, took a lead role in challenging the 1998 \$25 million five-year collaborative agreement between Swiss biotech giant Novartis-now renamed Syngenta-and his college, citing the potentials for conflicts of interest and corporate control of research. He was later denied tenure at the university. A study conducted last year by Michigan State University concluded that Chapela's attack on the pact had played a major role in the denial of his tenure. Two months ago, Chapela filed a lawsuit against the university, seeking damages for his tenure denial. More info: www.eco-farm.org or <http://www.berkeleydaily.org/text/article.cfm?issue=05-24-05&storyID=21453>

Professor Resigns over GMO Issues

Dr. Martha Crouch, a former biology professor at the University of Indiana, ran a lab dedicated to cutting edge plant research but decided to end her career when she found out that biotechnology companies were co-opting her research for profit.

More info:

<http://www.democracynow.org/article.pl?sid=05/05/06/142202>

New Laws will Keep States from Establishing GMO Free Zones

Fifteen states recently have introduced legislation removing local control of plants and seeds. Eleven of these states have already passed the provisions into law. These highly orchestrated industry actions are in response to recent local decisions to safeguard sustainable food systems. To date, initiatives in three California counties have restricted the cultivation of genetically modified crops, livestock, and other organisms. More info: <http://www.environmentalcommons.org/gmo-tracker.html> or, more locally, briant@sover.net

PBS is Collaborating with Monsanto

They will begin in September a weekly half-hour series called "America's Heartland," which will "focus on our national love for the land, our fascination with food and the bedrock American values of family, hard work and independence that make our agricultural system the finest in the world." More info: <http://www.americasheartland.org>

U.S. Dept of Agriculture Encouraging Development of new GMO Crops

USDA has launched a public-private Specialty Crop Regulatory Initiative to help developers of bioengineered fruits and vegetables work their way through federal regulatory requirements into the marketplace. More info: steve.clapp@informa.com <mailto:steve.clapp@informa.com>

Anheuser Busch (Budweiser) Thwarts GMO Rice

Ventria Bioscience, a biotech company, has been trying to gain approval to grow about 200 acres of genetically engineered rice to produce human proteins that could be used in drugs. Plans to grow the rice in southeast Missouri were scuttled after Anheuser-Busch Co. threatened to boycott the state's rice crop over concerns the modified rice could contaminate edible rice grown nearby; but the beer company dropped its objection when Ventria promised to grow the GMO rice at least 120 miles away from commercial growing areas. However, by that time it was too late in the growing season, so Ventria postponed

their crop for this year in Missouri, and are turning to North Carolina, Puerto Rico and South America. More Info: <http://www.stltoday.com/stltoday/news/stories.nsf/nation/story/>

Alaska Passes Law Requiring Labeling of GMO Fish

Not only did they pass it, but the vote was unanimous in both the senate and the house! Similar laws exist in the European Union, Japan, New Zealand and Australia.

INTERNATIONAL NEWS

Worldwide Register of Genetic Contamination Introduced

Greenpeace International and GeneWatch have opened the world's first online register that lists incidents of genetic contamination with engineered organisms. The searchable website details all the known cases of genetic contamination of food, animal feed, seeds and wild plants that have taken place worldwide. It can be found at: <http://www.gmcontaminationregister.org>

Wrong Corn!

Syngenta, a Swiss biotechnology company that produces GMO corn, said late in March that it had inadvertently mixed up two types of its genetically modified corn.

One type, known as Bt-11, has been legal for years in both the United States and Europe. But a similar strain, Bt-10, has never been tested or approved. The main difference between the two strains is that the unapproved one contains a gene that confers resistance to the antibiotic ampicillin. Scientists fear that introducing it into the food chain could result in human resistance to antibiotics. In April, the European Union voted to ban all imports of corn gluten from the United States unless it could be proven to be free of the Bt-10 strain of GE corn. EU imports of US corn gluten were valued at \$350 million last year. More info: <http://www.agbios.com/main.php?action=ShowNewsItem&id=6435>

Resistance to GMO Around the World

Canadians announced in June the GE Free Canada Campaign. The campaign's goal is to have 50 communities in Canada declare

themselves GE-Free in the next two years. More info: council-of-canadians@topica.email-publisher.com

Many other countries have declared GE-Free Zones, including: Italy (1,806 municipalities, 14 regions and 27 provinces have declared themselves GE free); half of Poland; parts of Austria, Ireland and Scotland; and the little town of Pariaso, in Costa Rica!

Countries that require labeling of GMO food include: All the European Union countries, China, Japan, Korea, Philippines, Russia, Saudi Arabia, Taiwan, Thailand, New Zealand, Australia, and Croatia.

African countries that won't accept GMO food aid or imports include: Algeria, Angola, Benin, Sudan, Zambia, Zimbabwe

Revealed: health fears over secret study into GM food

Rats fed on a diet rich in genetically modified corn developed abnormalities to internal organs and changes to their blood, raising fears that human health could be affected by eating GM food. Details were revealed in May of secret research carried out by Monsanto, the GM food giant, which shows that rats fed the modified corn had smaller kidneys and variations in the composition of their blood. More info: http://news.independent.co.uk/world/science_technology/story.jsp

Another Problem in Iraq

Under the guise of helping get Iraq back on its feet, the US is setting out to totally re-engineer the country's traditional farming systems into a US-style corporate agribusiness. They've even created a new law, Order 81, to make sure it happens. More info: http://www.theecologist.co.uk/archive_article.html?article=487=86

Women Burn GMO Seeds in India

One day in March of this year, more than 3000 tribal women in the state of Orissa made a bonfire of hybrid and genetically modified seeds of cotton and other crops. Walking through the streets of the city, the tribal women shouted slogans damning the GM seeds and the high-yielding crops that had pushed them into a cycle of poverty, indebtedness and hunger. More info: info@gmwatch.org

VERMONT HAPPENINGS & EVENTS!



In April 2005, approximately 50 folks turned out for a great march to and rally at the statehouse in support of the Farmer Protection Act.

The march featured a huge scarecrow named Elmer, and a vintage 1940 tractor - which was even red to match our shirts!

You can see that three legislators (left) came out to speak to us during our rally - one Progressive (the bill's lead sponsor, Dexter Randall), one Democrat (majority whip Floyd Nease) and one Republican (Chris Louras, a co-sponsor of the bill). Each spoke in support of the bill and encouraged us to keep up our work to get the bill passed.



In April 2004, a GE Fair & Lunch Event was held on the State House lawn for the legislators. The lunch featured local, GE-free food prepared on site by chefs from the New England Culinary Institute. The tents were lined with local farmer's tables, with information explaining why they don't want GE crops in Vermont. More than half the legislators came down to eat and learn.



The Worried Corn marched in the 2004 4th of July parade in Brattleboro, and then traveled to Maine to attend more events. It's still in Maine... but plans to return home to Vermont soon!



Jack, posing with General Manager Kye at the Upper Valley Food Co-op in White River Junction, may very well be the Upper Valley's youngest activist for a GE-free Vermont! Thanks, Jack, for your **cookie sale contribution to this cause!**

JOIN YOUR NEIGHBORS FOR GMO EDUCATION AND ACTION!

In Vermont, a growing number of regional groups have been conducting grassroots education about GMOs since 2001. As of this printing, the following groups are active:

Windham County Genetic Engineering Action Group

Contact: For general interest, GEAG, P.O. Box 6322, Brattleboro, VT 05302, or Rich Garant, phone: 802-257-1589

For legislative matters, Jim Moulton, jmoulton@sover.net or 802-824-6670

Windham County GEAG is the most organized and active grassroots group in the state. It initiated the 'Town to Town Campaign' four years ago that has resulted in 82 towns having passed anti-GMO resolutions in Vermont, and it has been helpful and inspiring to all other grassroots groups. Its goals are twofold: to pass legislation to halt the spread of GMOs in Vermont, and to perform communications and outreach to educate Vermont citizens about why this issue is important. GEAG is an all-volunteer group that meets regularly and is passionate about halting the spread of GMO food and crops in our state

Upper Valley Folks

Contact: Kye Cochran, Upper Valley Food Co-op, 193 N. Main Street, White River Junction 05001
Phone: 802-295-5804.
e-mail: uvfcgm@aol.com

This group formed in 2002, using the Upper Valley Food Co-op in White River Junction as a base to help surrounding towns pass resolutions calling for labeling of GE foods. Since then they have held a legislative forum and a public debate; shown educational films on genetic engineering; facilitated getting the book *Seeds of Deception* into the hands of legislators, farmers and citizens and into local libraries; helped organize a GE Free Food Fair on the state capitol lawn; coordinated a campaign to help people put "TIME OUT: NO GMOs" lawn signs up in the area; and put an essay on GMOs plus a bumper sticker into each copy of the Upper Valley Food Co-op's spring 2005 newsletter.

Lamoille County Sprouts

Contact: Judy Clark, Applecheek Farm, 567 McFarlane Rd., Hyde Park, VT 05655-9260
802-888-4482

The Sprouts have been active since last year, and plan to show a film series on genetic engineering at the Lamoille County Family Center later this year.

Addison County GE Free Food Group

Contact: Joyce Hawes
802-877-6743 grandoak@sover.net

Washington County

Washington County has had an active group based in Montpelier for the last few years, but does not have anything going on right now. If you live in Washington County and would like to see some action, please contact the folks at Rural Vermont (see below for contact information).

GE Free Chittenden County

Contact: Bayard Littlefield, 802-272-9536
e-mail, Bayardl@hotmail.com

GEFCC is a new group that formed in February, 2005, and is organizing and recruiting members. They have held two showings of the documentary *The Future of Food*. Future plans? Join them and help figure this out!

Committee for Study of Genetically Engineered Food and Food Choices

Contact, Jim Ampatiellos
e-mail: jgampatiellos1@aol.com

This group in Rutland County is becoming very active, and hosted an exciting event on April 9th.

STATEWIDE CITIZEN GROUPS

G.E.Free Vermont (formerly Vermont Genetic Engineering Action Network-VT GEAN)

www.gefreevt.org
The "Time Out" Times
c/o Kye Cochran
uvfcgm@aol.com
802-295-5804

Vermont GEAN served for several years as an umbrella organization for the several citizen organizations and many individual efforts at citizen education about GMOs, maintaining one staffperson for outreach. This March the staffperson resigned, and VT GEAN morphed into GE Free Vermont. As of this writing, GE Free Vermont maintains a website and is producing The "Time Out" Times.

Institute for Social Ecology Biotechnology Project

Brian Tokar
1118 Maple Hill Road
Plainfield, VT 05667
biotech@social-ecology.org

www.nerage.org
www.biodev.org
802-454-7138

Brian Tokar of I.S.E. is a resource himself; a scientist who has been involved with the GMO controversy for many years, and keeps up with what's happening both in Vermont and in the rest of the country and world. ISE offers ongoing technical and organizing support for local anti-GMO efforts in Vermont and across New England. Current main focus is the development of an active GE-Free Maine office and the creation of GE-Free Zones in Maine. They also worked on a "Biodemocracy/Reclaim the Commons" event that preceded the annual convention of the Biotechnology Industry Organization in mid-June in Philadelphia.

Northeast Organic Farming Association (NOFA)

Enid Wonnacott, Executive Director, or any of the staff at 802-434-4122
e-mail: info@nofavt.org

This strong and active group has called for a "time out" on growing of GMOs in the state until they have been proven safe for farmers, people and the environment.

Rural Vermont

802-223-7222
www.ruralvermont.org
Amy Shollenberger, amybeth@together.net
Linda Setchell, Program Director, ruralvt2@sover.net
Jaiel Pulskamp, Membership Director

Rural Vermont has taken the lead on legislative issues, with policy director Amy Shollenberger lobbying and keeping citizens informed about what is happening with GMO bills. Rural Vermont also does outreach and education, organizes actions and has good information on the website.

Vermont Public Interest Research Group (VPIRG)

Andrew Hudson, Field Director
802-223-8421 x4787 drew@vpig.org
Ben Davis, Environmental Advocate
802-223-8421 x4097 ben@vpig.org

VPIRG has authored two important reports on GMOs in Vermont in the last 2 years. Last year they produced *Blowing in the Wind*, which proved that contamination of organic seed corn by GMOs was already a reality in the state, thus leading to the rallying cry 'one contaminated farm is one too many'. This year they released *The GMO threat to Vermont's Organic Future*, which laid out the financial risk GMOs pose to our conventional and organic farming. You can read VPIRG's GMO reports, and learn more at: <http://www.vpig.org/campaigns/GMO/take%20action.htm>.

HOW TO AVOID GE FOOD

It's not easy, in the U.S. these days. 60 to 70 percent of the foods on the average supermarket shelf contain genetically modified ingredients! And 99% of American kitchens harbor Kraft food items (one of the big corporations that uses GE ingredients). But here are some helpful hints:

Eat organic food as often as you can.

The four foods which are most commonly genetically modified are corn, cotton, canola and soy. So beware of any ingredients derived from these that are not certified organic.

The RbGH bovine growth hormone is genetically engineered. So, any dairy products that aren't hormone free can be considered genetically engineered.

Avoid foods with these ingredients (if they're **not organic**):

- vegetable oil (soy, corn, cottonseed, canola)
- margarines (usually made from the above)
- soy flour, soy protein
- soy lecithin

- textured vegetable protein
- other non-organic, soy based meat substitutes
- cornmeal, corn chips, other corn snacks & cereals
- corn syrup
- dextrose, maltodextrin, fructose, citric acid, and lactic acid (all are typically derived from corn and/or dairy)

SO WHAT CAN I EAT??

It may seem so limiting! But actually, avoiding these foods can open you up to a whole new world of amazing variety, texture and taste - and nutrition. There's a vast array of grains available beyond corn and soy. Try: wheat, quinoa, amaranth, teff, spelt, kamut, rice (many kinds), oats, buckwheat and millet. Most of these are also available as flour. Instead of soy, eat more bean and grain combinations - and try chickpeas, and chickpea flour which makes great pancakes, biscuits and muffins. Oils? There's safflower, sunflower, olive, sesame, pumpkinseed, walnut, palm, avocado, almond... and more!

Organic and natural sweeteners abound... honey

and maple of course, but also agave, date sugar, rice syrup, barley malt and stevia. There are plenty of snack foods now available in health food stores and co-ops (and even in supermarkets) that don't use cottonseed or canola oil.

Cotton, in addition to being genetically engineered, soaks up fully 10% of total world pesticides. And many major brands of sanitary and hygienic products made from cotton are irradiated as well as bleached - something to consider when purchasing tampons or sanitary napkins. Natural and organic versions of all these products are available.

In our modern world, we have lost our natural heritage to a great variety in diet. There are hundreds of kinds of potatoes; only three or four are commercially grown for typical use. Our grain supply focuses on only a handful of all-too familiar varieties, which have been bred and engineered for features that have nothing to do with taste or nutrition. Monoculture is bad for the environment and susceptible to disease and crop failure.

But variety is still out there. All you have to do is go and find it! Your taste buds (and the Earth) will thank you.

RESOURCES

There are so many resources that it can get confusing, so we are naming just a few that speak to various aspects of genetic engineering.

BOOKS

***Seeds of Deception*, by Jeffrey Smith**

Yes! books, PO box 469, Fairfield, Iowa
888-717-7000.

dist. by Chelsea Green Publishing, Box 428,
WRJ, VT 05001 800-639-4099
www.seedsofdeception.com

Exposes industry and government lies about the safety of GE foods. Reads like an adventure story. Detailed but never dry, and extremely well documented.

***Redesigning Life? The Worldwide Challenge to Genetic Engineering*, edited by Brian Tokar**

London: Zed Books, 2001

***Genetic Engineering, Food and the Environment*, by Luke Anderson**

White River Junction: Chelsea Green, 1999

***Genetic Engineering: Dreams or Nightmares*, by Mae Wan-Ho**

Continuum Publishing Group, Revised ed.
2000

***Exploding the Gene Myth*, by Ruth Hubbard and Elijah Wald**

Boston: Beacon Press, Revised ed., 1997

***Gene Traders: Biotechnology, World Trade and the Globalization of Hunger*, edited by Brian Tokar** Burlington: Toward Freedom, 2004.

VIDEOS

The Future of Food

A powerful documentary by Deborah Koons Garcia, long-time documentary filmmaker and wife of the Grateful Dead's Jerry Garcia. Just four clusters of giant seed companies provide most of the seeds to farmers around the world. Whoever controls the seed, controls the food. This film is an engaging and lucid presentation of not only the science of genetic engineering, but of the people and the politics behind what looks to be a pitched battle to control the global food supply. First screened at the ArcLight Theater in Los Angeles as part of the International Documentary Association's InFACT Festival.

Deconstructing Supper

(2002) 47 min www.bulfrogfilms.com
Bulfrog Videos 1-800-542-2164

Canadian chef John Bishop travels from his restaurant to England and India, talking with scientists and activists about GMO issues and the food supply. Good production and graphics.

***Global Banquet: Politics of Food* (2001) 50 min.,** filmed by Anne Macsoud of Woodstock, VT
Old Dog Documentaries
212-929-9557

Divided into two 25-minute segments. Deals with a variety of food issues: Transnationals, sustainability, family farms, GMO's, pesticides and animal cruelty are addressed. GMO's are only a small part of the video, but it is very good for putting many of these issues in context.

Privatizing the World

(2002-03) 52 min. isca@videotron.CA
514-273-9795

Similar content to Global Banquet. Focuses on nature of capitalism more. Again, good overview of food related issues.

Fed Up

58 min. www.wholesomegoodness.org
415-339-7866

Excellent look at genetic engineering, industrial and sustainable agricultures. Good production and graphics. Very well done visually; excellent use of old TV and film clips.

"I think Monsanto and other companies should not be permitted to use the global food supply as their laboratory. I think it is important for the state to focus on ways to support healthy soils, water, and the farmers that steward them. By protecting GMOs, lawmakers say to me that they are prioritizing the profits of a multinational company over the health of our farms and our food."

- Hilary Martin, Burlington VT

"If it is left to me, I would certainly not eat it. We are putting new things into food which have not been eaten before. The effects on the immune system are not easily predictable and I challenge anyone who will say that the effects are predictable."

- Professor Arpad Pusztai, world's leading nutritional science expert, Rowett Research Institute

Voices

"We should never place the sovereignty and well-being of our communities in the hands of people that neither live here or care about us, our way of life, or our future."

- Tom Gilbert, Craftsbury VT

"In this age of economic globalization, GMOs benefit the rich while ruining traditional practices and peoples, replacing age-old practices with uncertainties that will further destroy farming and even natural ecosystems and biodiversity. The GMO idea is not only stupid, but its pushers should be considered criminals."

- Orin Langel, Hinesburg VT

"Monsanto should not have to vouchsafe the safety of biotech food. Our interest is in selling as much of it as possible."

- Phil Angell, then Director of Corporate Communications at Monsanto Corporation

WANT TO CONTRIBUTE?

The Time Out Times is always on the lookout for great photos, quotes, breaking news, articles, opinions, cartoons, poems, etc. that relate to genetic engineering. Write one yourself or track one down! Be sure to include complete source information when you send them to us.

TANSTAAFL! There Ain't No Such Thing As A Free Lunch!

The Time Out Times costs money to research, produce and distribute. If you'd like to make a donation to this worthy cause, don't be shy! - and remember, every dollar helps so any size contribution is much appreciated. Make checks payable to The Time Out Times.

Name: _____

Address: _____

amount enclosed: _____

Please add me to your email list for news bulletins. Email: _____

Send newsletter submissions and donations to:

The Time Out Times, c/o Kye Cochran, P.O. Box 1290, Quechee, VT 05059

The Time Out Times

GE Free Vermont

c/o Kye Cochran

P.O. Box 1290

Quechee, VT 05059